## LIFESTYLE

## **REVITALIZED YOU**

Regenerative Platelet Rich Plasma & Stem Cell injections can regrow ligaments, tendons, muscles and joints. These minimally invasive injections can improve performance, facilitate recovery, provide stability and even possibly prevent surgery.

Text by Sandy Lindsey | April 18, 2018 | Lifestyle











Ever wish there was a secret formula to make aches and pains go away? That is the science behind Platelet Rich Plasma (PRP) Therapy. It helps your body maximize its healing capabilities through the use of localized injections with a concentrated dose of your own platelets, proteins and growth factors. When injected directly to injured ligaments or tendons, natural substances and proteins found in your own plasma activate the body's "mechanism" to restore damaged cells and tissues. "Harnessing this innate power to internally heal ourselves is the key to optimal repair, restoration, pain relief and ultimate wellness," says Kristopher "Sean" Goddard of The Osteopathic Center. It's a highly effective, non-surgical and natural approach to treating muscle injuries and expediting the healing of surgical wounds. Since the plasma comes directly from patient's blood, there's no risk of rejection. A similar regenerative therapy, Stem Cell Therapy, is all about the body's most basic "natural material" to stimulate growth and health. Stem cells are the raw material from which the body's cells are made and are the origin for all organs and tissues. They have the unique ability to replicate and become any kind of cells — muscle, pancreatic, nerve, heart — virtually anything. Stem cells are also capable of reducing inflammation, fighting cellular death, stopping or even reversing the aging process, and reverting damaged tissue and tendons to their healthy, original state. Think this sounds like science fiction? It's not. The Osteopathic Center specializes in regenerative and anti-aging medicine to boost immunity, heal injuries and gain energy. It's medicine like you've never experienced before, targeting the root of illness for enhanced quality of life; TheOsteoCenter.com.

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